



# Portland Center FOR Spiritual Living

JANUARY 2017

## COMMUNITY NEWS

### INSIDE

Minister's Message .....	2
Your Community .....	3
Board Update.....	4
Calendar .....	5

---

*"There is Good for me  
and I ought to have it."  
- Emma Curtis Hopkins*

---

## GOOD IS EVERYWHERE

### My Arms Are Wide Open. BY JUNE GUMZ

This article is being composed on my new laptop since my all-in-one Lenovo succumbed to several viruses. The car I drive now is a silver 2016 Kia Soul because my baby blue Prius was totaled a few weeks ago. Also, my hummingbird attracting plants turned black during our snow and ice period. If you notice a pattern here, so have I. If it is expensive or beautiful, chances are it has been replaced or will be in the near future.

For most of my 77 years I have expected good things for my present and future. This year is no different except that I have a few political reservations. The adventurous/spiritual me knows that Good is everywhere ready to be expressed. It is available to all of us to the degree we are open to it, so this year my arms are WIDE open. I plan to see Good everywhere (my home, neighborhood, PCSL, Oregon, the USA, our government and the whole planet).

One source of Good for me, and all the congregants of PCSL, will be a new Center facility. The Board of Directors, the Center Attraction Committee and our realtors are diligently working to find the right place for us. Join us in daily treating for a proper space to teach, grow, appreciate music, play and eat. Perhaps eating shouldn't be last on the list considering how much we at PCSL enjoy it.

This year has as much potential for happiness and growth as any in history. I am willing to support the causes which are important to me and release the trends which unnerve me. As Emma Curtis Hopkins (teacher of teachers) said, "There is Good for me and I ought to have it." Happy New Year everyone.



*June Gumz, editor*

---

THIS YEAR HAS AS  
MUCH POTENTIAL FOR  
HAPPINESS AND  
GROWTH AS ANY  
IN HISTORY.

---



### GOLDEN BOWL RITUAL

*Sunday, January 1, 2017*

*On the first Sunday of each year, the Center hosts a ritual service where we each release something that is an untruth in our consciousness, and set a focused intention to embrace a quality of Spirit during the upcoming year. Much more powerful than a resolution.*



Rev. Larry King

---

*We can pull ourselves forward into a life of great peace and great joy.*

---

## MESSAGE BY REV. LARRY KING

# BEING PULLED FORWARD

**Many of us set new intentions for 2017** and many more of us are simply *looking for something different*.

I'd like to talk about these options.

When we're *looking for something different*, it's generally because we don't like what's going on right now. We might be dissatisfied with a job, we might be upset with a family member or we might not like the way our city government is responding to the homeless.

It's good when we recognize a need for change. It's even better when we know what we'd like to have instead.

An intention goes beyond just restlessness or dissatisfaction; it's a way of creating a vision of what we want instead of reacting to what we don't want. It's also a way of going beyond what is "good enough" into something better.

Sometimes we're satisfied with the way things are because we've put our creativity aside. We've gotten complacent with our lives. It's not that there's anything really wrong, so we skip having intentions.

Being content with how things are is wonderful. In fact, it's essential to your sense of wellbeing. The only thing better is being content and having a sense of where we're going. It's a sense of being pulled forward into something even more wonderful.

### **For 2017, let's dream big! I'll use the Center as an example:**

We're satisfied with our existing facility, but let's set our intentions on something that provides us the flexibility for more simultaneous events and activities. Our community is a great group of people, but let's plan to attract more diversity and to have more space for kids. Let us create an intention to be in a space that includes room for socializing, for special events, for kids of a variety of ages and a space that can be kept sacred for our Sunday celebrations.

### **Some ideas for "dreaming big" in your personal life:**

1. Update (or create) your "bucket list." What are the things you like to do, to have, to experience or become?
2. Contemplate what brings you joy. Is it having more friends? Is it making peace with a loved one? Is it having more leisure time? Is it getting outdoors more? When you're feeling joy, you're being pulled forward in the right direction.
3. Think of your legacy. Each of us has the ability to leave this world a little bit better than when we arrived on it. What is your legacy? How can you be pulled forward into making your contribution more powerful?

2017 will be another year of changes. With intentionality, we can help shape these changes. We can pull ourselves forward into a life of great peace and great joy.

Happy New Year, everyone!

*Larry*

## GET TO KNOW YOUR COMMUNITY

### PATRICIA TAYLOR: Volunteer of the Decade BY KATHY BATTEN

In 1988 Patricia Taylor became a member of PCORS, Portland Church of Religious Science. She has been through seven different physical moves with the church and worked with a number of ministers in multiple volunteer roles. Patricia was a licensed practitioner for 15 years, teaching classes, acting as Practitioner Coordinator and helping to organize things in the office. She noted that with each minister there were subtle differences in policy and in priorities, each unique in their leadership style, but doesn't remember any major changes. She sees the church as having continually evolved in consciousness.

Patricia loves volunteering. When Rev. Larry took the senior minister position in 2008, she saw him trying to do it all himself so volunteered to help in the office on Mondays. Patricia has hardly missed a Monday since but, she chuckled, "he's still trying to do it all himself."

PCSL is not the only place Patricia volunteers. She goes to Coffee Creek Women's Prison once a week to offer spiritual counseling and provide a New Thought service. One of the beliefs that is read at Coffee Creek each week is "Service to others is the highest form of activity to which one can aspire." Patricia loves this statement and knows it as a Spiritual Truth.

Although Patricia is stepping down from her Monday position in the office end of the month, we may see more of her on Sundays. And, she will be teaching the Joel Goldsmith class with Rev. Lynn in March. She says Divine Guidance has led her to retire to "Be" rather than "Do," but hopefully we will see her in a more visible role at PCSL.

Thanks Patricia for all you have done for this community! What an example of volunteer excellence!



Patricia Taylor

## STUFFED TOY COLLECTION DRIVE



*We partnered with Portland Police's "Sunshine Division" to collect new and gently-used stuffed animals to be given to children in distress.*



## SOLSTICE SERVICE



**SOLSTICE SERVICE:**  
*A service filled with light, music, readings and a remembrance of the birth of the Enlightened One that lives within us all.*

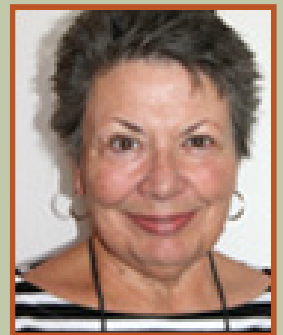
## BOARD UPDATE BY KATHY BATTEN, PRESIDENT

### What happens at a Board of Director's meeting?

BOD meetings are held every second Sunday at 12:30; we begin with an opening prayer and then dialog, each member sharing what's been going on in their lives, spiritually and otherwise. Then, Rev. Larry leads us in visioning Spirit's highest good for the center. After noting specific actions, we appreciate that each other, perhaps other congregants, have accomplished the last month, we get down to business. Minutes of the last meeting and monthly/YTD financials are presented and approved. Special focus teams share their updates; currently we hear from "Our Center Attraction Committee" led by Ann Forest Burns. This is the committee pursuing the perfect new home! Rev. Larry might also share on communications regarding the search and Diane Thomas on finances involved. Janine Stewart catches us up on the activities of the Prosperity Team.

Various members then report on Old Business i.e. budgeting, events like the Harvest Potluck, the Solstice service, retreat status's; any activity completed or in process. New Business is last and includes new activities for review/discussion. Our agenda for January 8th (cancelled due to weather) included planning the Annual Meeting and establishing a committee to nominate a new slate of candidates for the BOD to be voted on at that meeting.

**14.10.a of the PCSL By-laws** states that "Except for those portions of meetings at which personnel matters or litigation by or against PCSL are under discussion, all meetings of the Board of Directors shall be open to members of PCSL." Let me know if you are interested in attending the business portion of the meeting (approximately 1:00-2:30, 2nd Sunday).



Kathy Batten  
Board President

Opening Hearts  
Igniting Minds  
Making a Difference

#### JOIN US AT THE CENTER

### PORTLAND Center for Spiritual Living

6211 NE M L King, Jr. Blvd.  
Portland, Oregon 97211

PHONE 503.261.0677

E-MAIL [info@PCSL.us](mailto:info@PCSL.us)

#### CONNECT ON LINE



#### AVAILABLE WHEN YOU ARE

You can now listen to the  
Sunday message at home  
and on your portable devices.  
Subscribe in iTunes, Google  
Play or at [cslportland.org](http://cslportland.org)

#### VISIT OUR WEBSITE

[cslportland.org](http://cslportland.org)

 JOIN US ON FACEBOOK  
[facebook.com/PortlandCSL](https://facebook.com/PortlandCSL)

 FOLLOW US ON TWITTER  
[twitter.com/PortlandCSL](https://twitter.com/PortlandCSL)

 READ OUR BLOG  
[www.pcsl.us/blog](http://www.pcsl.us/blog)

#### NEWSLETTER CREDITS

##### EDITOR

June Gumz  
[greetingsJG@comcast.net](mailto:greetingsJG@comcast.net)

##### DESIGN

Cheri Smith

##### CONTRIBUTORS

Rev. Larry King  
Kathy Batten

## COMING EVENTS • GET THE LATEST UPDATES ONLINE: [cslportland.org/events-calendar](http://cslportland.org/events-calendar)

### FEBRUARY

#### TEA AND TRANSFORMATION

Sunday, Feb 12, 12:30pm – 2pm

As a prelude to our annual women's retreat, you are cordially invited to a time of food in the company of other women. The CeSAW team will lead you into that place of remembering the beauty and the power that is the truth of you. No entrance fee—please be our guest.

#### WINTER WORKSHOPS:

##### KNOW YOUR TRUTH

Sat., Feb 4 & 18, Mar 4 & 18, Apr 1 & 15; 9am-3pm

6 Weeks; Facilitated by Kathy Batten, RScP  
A Science of Mind journey through the 12 steps of recovery from any addiction. Each session includes Transcendence group meeting and potluck lunch. Contact Kathy Batten to schedule a short interview to determine if you are ready for this workshop series: 360-931-0371. \$20 suggested love offering per session.

##### RISING ABOVE NEGATIVE MIND CHATTER

Saturday, Feb 11; 9am-12:00 pm

Facilitated by Marci Beck, RScP

Who doesn't have a negative thought now and then? There are quite a few of us, though, that seem to get stuck in negative self-talk and have trouble breaking free. This workshop is designed to provide tools and tips to help participants turn their lives into positive, joy-filled experiences. The workshop is open to everyone.  
• \$40; \$35 for PCSL members

##### EXPLORING DIVERSITY INCLUSION

Saturday, February 25, 9am-12:30 pm

Facilitated by Erin (Rhonda) Hurt

Have you ever wondered if there is a spiritual practice which can combine your creativity and deep inner wisdom? SoulCollage® is that practice. In this workshop, participants learn how to combine images, intuition and imagination to explore and bring out the deep beliefs and values held around the subjects of diversity and inclusion.  
• \$35; \$25 for Connection Circles Participants (payment in full to reserve slot).  
• Plus, \$5 materials fee; payable to instructor on day of workshop; all supplies provided, but you may bring favorite scissors.

### SEASON FOR PEACE & NON-VIOLENCE

Sunday, February 5, 12:30pm

Join PCSL's practitioners-in-training in a special ceremony as we begin the 2017 Season for Peace and Nonviolence. The Season, January 30-April 4, honors the legacies of Mahatma Ghandi and Martin Luther King, Jr. This special ceremony will include readings from the works of these two great spiritual leaders, a meditation, and ways in which you can take the Season into your own spiritual practice.

### WINTER CONNECTION CIRCLES

Sign-up, Sunday, February 5

The 7-week series starts the week of February 19th and ends with our "Surrender Into the Mystery" Service on Friday, April 14th at 7:00 PM. A variety of circles throughout the Portland and SW Washington area are planned. Sign ups will begin in the Sanctuary the first week of February.

### MARCH

#### BETWEEN TWO WORLDS

Wednesdays, March 1-29, 6:30 pm-8:30 pm

Instructors: Rev. Lynn Johnson & Patricia Taylor  
Joel Goldsmith, creator and founder of The Infinite Way, is the focus of this 5-week course. His book "Living Between Two Worlds," guides us in a deep exploration of how we can live a "truly spiritual life without retreating from the world" of physical form.

• \$125; \$115 for Connection Circles Participants.

#### DEBUNKING NOT GOOD ENOUGH

Sat, March 18, April 8, 9AM-noon

Instructor: Marilyn Sprague, M.Ed., RScP

The Spirit within us demands that we live a fully realized life in alignment with our authentic self. In this workshop, participants learn to enhance the ability to engage in life from a place of worthiness and to embrace their authentic self. Using a 21-day Directed Faith Plan, participants can strengthen beliefs which expand positive perceptions of self-worth.

• \$75; \$65 for Connection Circles Participants.

### ON-GOING EVENTS AND PROGRAMS

Visit our web site for info on on-going events and programs: [cslportland.org/ongoing-programs](http://cslportland.org/ongoing-programs)

All activities held at the Center unless otherwise noted. MORE INFO at [cslportland.org/events-calendar](http://cslportland.org/events-calendar).

## VOLUNTEER OPPORTUNITIES: GET INVOLVED!

**YOUTH CHURCH TEACHER:** Have fun with kids while teaching Science of Mind principles. There are two groups of children – younger is from 0-6 and the older from 7-12. We are looking for regular and substitute teachers. Both receive stipends. Contact Sean Larkin 530-228-3515.

**HOSPITALITY TEAM:** One Sunday/month, 9 or 11am service. Contact Erin Hurt at 360-909-4971.

**USED SCIENCE OF MIND MAGAZINES NEEDED:** Please bring old copies to the office. We would like to "recycle" them in our visitor packets.

### USHERS & GREETERS AND THE "CLEAN TEAM"

Become that friendly smile that welcomes people to our spiritual home. The "Clean Team" maintains our clean and lovely environment. Contact Anette Bolster at 503-970-4116.

### COMMUNITY REWARDS PROGRAMS:

A free way to support PCSL. A portion of your purchases at Amazon.com (Amazon Smile) and Fred Meyer (Community Rewards) can be credited to your Spiritual Center. For more information, call PCSL office at 503-261-0677.