



Portland Center FOR Spiritual Living

NOVEMBER 2013

COMMUNITY NEWS

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*We are entitled to
freedom, to respect,
to food, to shelter
and abundance.*

A DAVID IN ALL OF US

OVERCOMING THE ODDS BY JUNE GUMZ

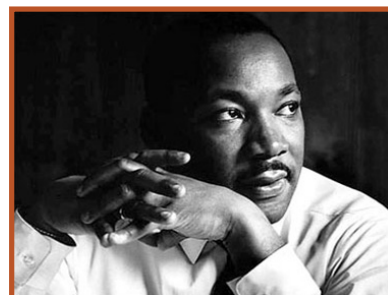
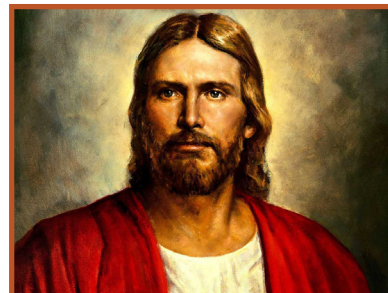
The story of David and Goliath is familiar to people all over the world; even folks who are not religious know the story. Two armies on opposite sides of a valley decide that rather than lose thousands of soldiers fighting each other, they would have one warrior from each side represent them. One side sent Goliath with a shield and armor covering his whole body. The other side presented a young boy with a bag of rocks. The boy, David, was trained in the art of rock slinging and hit the giant in the forehead (the only place unprotected by armor). David won.

Life is full of instances where handicapped, underprivileged or the disenfranchised have overcome the odds against governments, corporations or prejudice. In my life time (seven decades) I have witnessed many changes brought about by the Davids of the world. Everything from riding in the front of the bus to attending "white" public schools to serving in the armed forces regardless of color or orientation to being able to marry the one you love, has been brought about by people with a dream of equality for everyone.

There are still battles to win, but fortunately history has given us leaders who have shown us ways to achieve equity. Teachers such as Jesus, Gandhi, Buddha, Martin Luther King Jr. and others have shown us that none of us is more important than another. We are entitled to freedom, to respect, to food, to shelter and abundance. I consider Rev. Larry one who inspires unconditional respect and acceptance. His Sunday messages, his actions, and his principles match.

PCSL is fortunate to have such an inspired leader. I thank him for being an example to our community.

*Inspired leaders: Jesus, Gandhi,
Buddha, Rev. Martin Luther King Jr.
...and even "Cowboy Bob" (Rev. Larry).*





Rev. Larry King

*I accept my life with
gratitude, warts and all,
and I hold my intentions
high for the future.*

GRATITUDE AND INTENTION

MESSAGE BY REV. LARRY KING

After extended summer weather, it seems like fall clamped down a bit tight. Cold rains and early nightfall have rapidly turned me into an “inside” person.

I guess that’s a good metaphor for the annual seasonality of life. The vibrant outward growth of spring and fruitful summer must give way to something more contemplative. If I am to be growth-filled next year, I must take stock of my achievements and figure out what I want to make of myself. Even as I am grateful for my accomplishments for the year, I begin to plan new goals. As I think about how sweet 2013 was, I also think about what I would like to experience in 2014.

It is this circulation of Gratitude and Intention that keeps life moving forward in positive ways. I accept my life with gratitude, warts and all, and I hold my intentions high for the future.

At the Center, we support you in your “Inward Journey.” We have several events to help you experience acceptance and gratitude for life:

- The Harvest Potluck, Sunday Nov. 24th, after the 2nd service
- The Gratitude Service, Wednesday Nov. 27th, 7:00 PM
- Holiday Decorating Party, Sunday Dec. 1st, after the 2nd service

And we have other events and classes to help you begin your plans for the new year:

- The Golden Bowl Ceremony, Sunday Dec. 29th, (during both services)
- “Back To Basics,” Sundays in January (both services)
- “MASTS” workshop to set intentions and review spiritual practices, Sunday, Jan. 5th 12:30 -2:30 PM
- “The Power of Your Word” class, Wednesdays starting Jan 22nd, 6:30 PM
- “Exploring Roots” class, Thursdays starting Jan 23rd, 6:30 PM

And we have two special services just to celebrate the holidays!

- Winter Solstice, Saturday Dec. 21st, 7:00 PM
- Christmas Eve, Tuesday Dec. 24th, 7:00 PM

I hope to see you at many of these late fall and winter activities, classes and programs. Let’s share some of our successes from 2013 and begin to plan for a productive and loving new year in community.

Best Regards for the
Holidays and beyond,
Rev. Larry King



GET TO KNOW YOUR COMMUNITY

NANSEA ARQUETTE: Life-long Learner. BY JUNE GUMZ

Nansea Arquette – PCSL member, Youth Ministry teacher, Divine Dining hostess, Starlight Talent Show participant and a life-long learner.

Before Nansea Arquette and her husband moved to Vancouver, Washington, from Sonoma, California, Nansea, a networker, listened to Reverend Larry's podcasts, connected with practitioner, Cheryl Clark, and was given a realtor referral from Linda Rossi. Lexi Dillon took her into the Youth Ministry upon her arrival. Most people take longer than a few minutes to fit in!

Musically, our Ken Brewer (Sunday musician) assists Nansea. She says it is humbling to still be in the learning curve, but Ken makes it tolerable with his kind ways and his extra effort. She sees him as a very talented musician and a "genius." The result of their collaboration was evident as the little lady with a big guitar and a lot of courage played at the recent PCSL Starlight Talent Show.

Nansea credits a young man named Glen at the telephone company for an important change-point in her life. He gave her the book "The Game of Life" by Frances Scovel Shinn in 1979. She was set on the metaphysical track and has never looked back.

Nansea's description of a perfect day is like a romantic advertisement for Kauai: sunrises, sunsets, walks on the warm beach, romantic time with her husband, reading on blankets listening to the rhythm of the waves, fabulous food and taking in the evening's entertainment to round out the day. Or there's Yosemite, another favorite place she visited several times while living in Tuolumne County.

If Nansea had a power: "I would have the power to exude love and everywhere I went, people would feel it and be healed mentally or physically."

Works for me!

Nansea performed her own song at the Starlight Talent Show.



*Nansea Arquette,
Life-long learner*



COMMUNITY ANNOUNCEMENTS

YOUTH CRAFT SUPPLIES

The youth church would appreciate **Christmas cards** for their projects this holiday season. Contact Nansea Arquette in junior church if you have questions.

BOOKSTORE 10% OFF SALE

The Open Mind Bookstore is having a Pre-Christmas Sale **November 30th** (Saturday) from 12:00-4:00 p.m. Everything will be 10% off.

PHOTO GALLERY

PCSL STARLIGHT TALENT SHOW



*Ryan Livesay
Ryan Livesay
Melissa Magana*



*Starr Sheppard-Decker,
Sara Frandsen,
Suzi Farmer
Albert Chen*



*Starr Sheppard-Decker,
Adam Decker
Erica Daniels, Melissa
Magana, Marci Beck,
Sara Frandsen,
Melanie Lindquist*



*Mollie Pierce
Dominic Sitowski
Rev. Larry King,
aka Cowboy Bob*

THOUGHTS: .BY REV. SHARON LEE FOLEY

Spiritual economics is an interesting term, don't you think? Seems almost contradictory in a way. The word "spiritual" is from the latin "spritulis" which means "of breathing." It means having the nature of Spirit or God. Very ethereal. Whereas "economics" is a science dealing with producing, distributing and using stuff or services. The word economics is also defined as the condition of a group as it relates to material prosperity. That's not very ethereal.

We have been using a book by Eric Butterworth, *Spiritual Economics*, for the past several weeks as a basis for Sunday Talks as well as a class Reverend Larry has been teaching. The book is used often in Centers for Spiritual Living. I think as a reminder of the basic teaching of Science of Mind, which is that there is only one life – literally. The breath of God breathes everything, everyone, all the time. So then the true "condition" of any group, ours included, has to be the nature of God. And the nature of God is love, eternal, forever and ever expanding with no limits whatsoever. That means that which is immaterial as well as that which is material. So the truth of any person or group then has to be the unlimited abundance of the Infinite. That includes all the production, distribution and consumption of goods and services and anything else we can think of. We are limited only by what we believe to be the truth of us. Now that's ethereal. Much love.

CORE COUNCIL UPDATE: BY DIANE THOMAS, CHAIR

First off, we send a big "Thank You" to Starr Sheppard-Decker and Matthew Lashua. They've stepped off our CORE Council mid-term due to other commitments. It was a joy working with them and so appreciate their time and care. Starr will be focusing on her Practitioner and musical roles here at the Center. Matthew will continue supporting us as a member of the Marketing team.

Joining us as "mid-term" CORE Council members are Molly Pierce and Jim Buix. Both have been members of the Center for some time. We're very excited to have them on the leadership team—we welcome them and appreciate their willingness to be of such service to us all.

We had 12 people attend our fall membership class. We welcome the following people into full membership here at the Center: Pete Angermann, Joan Brown-Kline, Janet Buckner, Breana Cross-Hall, Erica Daniels, Theo Gaccione, Steven Hearn, Jaye Hill, Glyndon Kimbrough, Ken Kimbrough, Ellen Tryon, John Tryon, Consuelo Vazquez. Thank you for joining the Center—for being part of who we are and what we stand for!

Our "Partners in Prosperity" pledge month is now complete with the following results:
- 80 people pledged - \$132,761.80 of annualized revenue was pledged

This is somewhat less than what was pledged last year—so as we take these numbers into our budgeting process we will be mindful stewards of our financial resources. We're already working on a "first draft" of the 2014 budget, so we'll keep everyone informed as the Council has a chance to review and amend it. A final budget will be available for public review in November and will be approved before the end of the year.



Rev. Sharon Lee Foley

*We are limited only by
what we believe to be
the truth of us.*



Diane Thomas
CORE Council Chair

*Working to create and
maintain a wonderful
environment for
Spiritual growth*

Opening Hearts
Igniting Minds
Making a Difference

JOIN US AT THE CENTER

PORTLAND Center for Spiritual Living

6211 NE M L King, Jr. Blvd.
Portland, Oregon 97211

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E-MAIL info@PCSL.us

CONNECT ON LINE



AVAILABLE WHEN YOU ARE

You can now listen to the
Sunday message at home
and on your portable devices.
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READ OUR BLOG
www.pcsl.us/blog

NEWSLETTER CREDITS

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COMING EVENTS • GET THE LATEST UPDATES ONLINE AT www.pcsl.us/calendar

NOVEMBER

HARVEST POTLUCK and "Bring a Friend" Sunday

Sunday, November 24th, after 2nd Service
Join us as we gather for a Fall potluck in celebration of the bounty of Spirit present in our Community. The Center provides turkey and ham, you bring your favorite side dishes to share for our "Thanksgiving." Let's expand our loving community by bringing a friend this Sunday!

GRATITUDE SERVICE

Wednesday, November 27th, 7:00 PM
Be a part of our Annual Gratitude Service. Through music and sharing, we celebrate life and its many blessings. Offer gratitude for all of your many gifts this year, as well as set your intentions for "future gratitude" in 2014. Don't miss this popular annual event.

OPEN MIND BOOKSTORE SALE

**Sat. Nov. 30th noon - 4:00 PM and
Sun. Dec. 1st 10:00-11:00 AM & noon - 1 PM**
Our bookstore has stocked-up on some great new items and titles just in time for early holiday shopping. Everything is 10% off at the sale (Sat. & Sun. only).

DECEMBER

DECK THE HALLS

**Decorating Party For The Center
Sunday, December 1st, 12:30 PM**
Enjoy a cup of eggnog or cider and a Christmas cookie as we decorate the Center with greens and lights. Help us get ready for the season in style!

All events held at the Center unless otherwise noted.

GET INVOLVED

YOUTH CHURCH TEACHER

This is a wonderful chance to have fun with kids while teaching Science of Mind principles. There are two groups of children – younger group is from 0-6 and the older group from 7-12. If you have a desire to work with either group please contact Angelica Jackson 530-228-3515. We are looking for regular and substitute teachers. Both receive stipends to offset expenses.

DO YOU HAVE AN IDEA OR STORY TO SHARE?

Our newsletter is evolving. I know that PCSL is abundant with creative folks with ideas and stories to share. Our newsletter seems to be a natural place to try them out. I am excited by the prospect of exposing some of our writers to the Community News audience. If you have something to share send it to greetingsjg@comcast.net. – June Gumz, editor

SOLSTICE SERVICE

**Bringing In New Consciousness
Saturday, December 21st, 7:00 PM**
Winter Solstice is a time to gather for quiet reflection and renewal. Bring drums or other rhythm instruments and join us as we welcome the returning of Light.

CHRISTMAS EVE SERVICE

Tuesday, December 24th, 7:00 PM
A wonderful evening of Christmas carols, candle lighting and a return to holiday merry-making. Join us for hot cider, music and fun as we celebrate the birth of the "Prince of Peace."

GOLDEN BOWL SERVICE

Sunday, December 29th, 9 AM & 11 AM
We use the last Sunday of the year to formally release all of the ideas, thoughts and ways of thinking that no longer serve us. Place your heart's desire in the "Golden Bowl" and affirm with us that 2014 will be your best year ever!

ON-GOING ACTIVITIES

BREAKFAST WITH THE MINISTER: Sat, 9:00am
To make your reservation or for Info, contact Dee Hartman at 360-831-8033.

PHOTOGRAPHY GROUP: If you enjoy taking pictures and would like to share your experience with others, sign up on the interest sheet in the sanctuary. For more information call June Gumz 503-653-7132.

TRANSCENDENCE 12-STEP: For information, contact Nancy Ashley at 503-880-0308.

WOMEN OF WISDOM BOOK STUDY: Thur, 10:30am.
For more information, contact Sandra Clark at 971-275-7111.

eScrip eSCRIP: Link your Safeway card to eScrip and a small portion of each purchase will support PCSL. Sign up at back table or call Jessica Livesay at 940-616-4678.

SERVICE OPPORTUNITIES

HOSPITALITY TEAM: One Sunday a month, 9 or 11am service. Call Kathy Batten 360-931-0371.

CLEAN TEAM: Cleaning and light maintenance for three hours, once a month.
Contact Anette Bolster 503-970-4116.

FORWARD FLOW-12 MONTHS OF GIVING:
For info call Suki McDonough 360-624-5615.

HEART TO HEART: Support during an illness, loss or other transition. Contact Rev. Sharon Lee Foley 503-668-9806 or Lexy Dillon 503-663-5817.

USED SCIENCE OF MIND MAGAZINES NEEDED:
If you're finished with old copies of the SOM magazine, the Center would like to "recycle" them in our visitor packets. Please drop them off in the Center office or contact Laura Bradley for more information: 503-465-0015.