



# Portland Center FOR Spiritual Living

NOVEMBER 2012

## COMMUNITY NEWS

### LIFE IS GOOD

#### DIVERSITY AND CREATIVITY BY JUNE GUMZ

##### **Rev. Larry spent the month of October expounding on the Law of Attraction.**

The election in November was a perfect example of his messages. The thoughts, beliefs and opinions that people hold dear to themselves appear even in politics. The diverse ideas showed up in the candidates, debates, newspaper articles and in the voting itself. Ultimately, it is the positive view of life and government that is the way to a better city, country and world. Hope and love work better than fear and limitation every time.

This week I have a cold and sinus infection. A few days before I attracted these conditions, I remember being smug, in a group setting, sort of bragging about how I have only been sick once in six and a half years. I repeated that statement to a friend who has a medical background and was told that it is important for our immune systems to have something to work on occasionally to keep our resistance operational. Well, I took that idea to heart and was sick the next day. Be careful what you say to me folks I can embody it with the speed of light.

The powers that be at PCSL used a night club approach this year to begin the pledge month of October. The sanctuary had a lovely lounge décor complete with a sexy bartender (Nancy Ashley) and sharp looking waiters and waitresses. Kelly Alwin provided and prepared the beautiful healthy food as her way to assist in promoting the pledge program. We are so grateful for her gift. Linda Rossi's singing greatly enhanced the lounge atmosphere.

Sandra Clark celebrated her 75th birthday in the sanctuary with family and friends. Her kitchen band entertained the guests. Family and friends made it a memorable evening for Sandra.



*Partners in Prosperity  
pledge party.*



The StarLight talent show showed off our best and brightest (actually the bravest). It is a fund raiser for the music program and is the highlight of every November at PCSL. Singing, poetry and magic. We saw a man saw himself in half with a rope – top that. (photos inside)

This fall has been a tension-filled one from the standpoint of politics, financial concerns here and in Europe and the major storm in the eastern United States. With half of the country unhappy about the election results and worried about weather events, it behooves us to know the Truth for ourselves and others. As we treat, knowing that what is true for us is true for everyone else, let's know that Love, Peace, Truth, Intelligence and Creativity are equal opportunity principles. **Life is Good.**

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*Love, Peace, Truth, Intel-  
ligence and Creativity  
are equal opportunity  
principles.*

## SPIRITUAL LEADER'S MESSAGE BY REV. LARRY KING

### MID FALL—AND MORE WORK IN THE “GARDEN”



Rev. Larry King

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*What pruning and planting needs to happen in your life's garden?*

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**There's nothing like a brisk Fall day to be in the garden.** This year, we grew a lot of new things. Some of them we'll plant again next year, some not. We planted beans (turned out great) and some new varieties of dahlias (not so great).

**Life works just about the same as our garden.**

Fall is a great time to begin the process of year-end evaluation. It's a time to reflect on our accomplishments for the year. Did things go as planned? Would we like something “tweaked” for the following year?

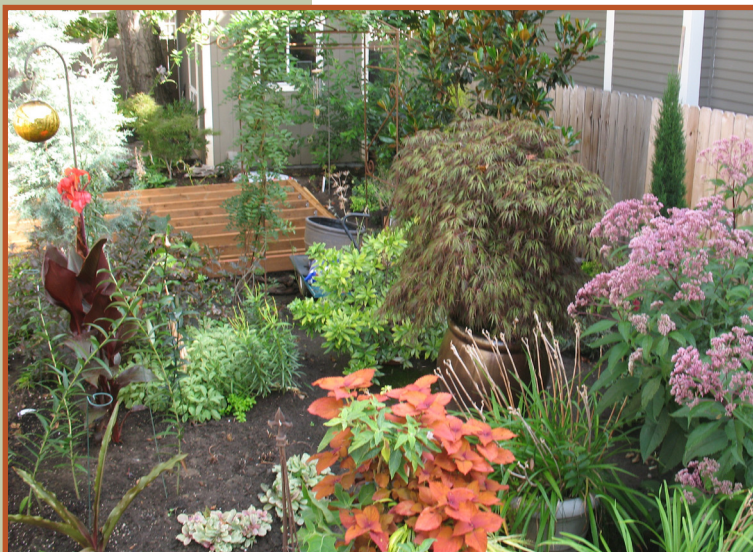
Hopefully we try something new every year (at least somewhat new). Then we see how it turns out. Some of us take a class. Some of us try to tweak our social life. Some of us decide to work on a relationship that has gone stale (or awry). We have children, we change locations or jobs, we try out hobbies and we take vacations to new locations. All of these are wonderful experiments. Some will be successful, some may need fine-tuning.

**Back in the garden, we call it pruning.**

We remove the branches that interfere with other growth or that are diseased or unproductive. Above all, we make sure that strong shoots have plenty of room for growth.

Sometimes we will remove a whole shrub, plant or tree in order to have room in the garden for planting new things in the spring.

You see where I'm going here, don't you? Is your life's “garden” in good order? Are there some intentions that you definitely want to follow through with next year? Are there other things that you want to do differently? Are there still other things that you would like to take care of once and for all?



On December 30th, we'll be having our annual “Golden Bowl” service at the Center. Come to either of the two services with your intentions for 2013. We'll help you release anything that is no longer making sense. We'll individually anchor your desires for 2013 into a formal intention. Then, we'll witness your intentions for a happy and productive New Year.

So, let's begin that end-of-year evaluation process. What do you really want to experience in 2013? What pruning and planting needs to happen in your life's garden?

All my love and blessings,

*Larry*



# GET TO KNOW YOUR COMMUNITY

## SOME OF THE TALENT FROM STARLIGHT 2012



Ryan Livesay



Albert Chen



Nansea Arquette



Dominic Sitowski



Pamela Jeanne, Sandra Clark, Sarah Stebbins, Marci Beck & Brenda Culhane



Suki McDonough



Starr Shepppard-Decker



Bill Lawson



Suzi Farmer, Danah Buix, Kathie Solberg & Dee Hartman



Dr. Pamela Jeanne



Victoria Guarnaccia



Jayodin Mosher



Molly Pierce



Jim Solberg & Sarah Stebbins



Peggy Morris



Marci Beck, Suzi Farmer & Starr Shepppard-Decker

## THOUGHTS

### TAKING OUR TIME BY REV. SHARON LEE FOLEY

**This time of year is rich in color, celebration and holidays.** A season of harvest, thanksgiving and celebration. It is a time to reach out as well as an invitation to go within.

To paraphrase the Bible, Ecclesiastes 3, there is indeed a season for everything, a "time to every purpose." A time to be born and a time to die, a time to plant and a time to harvest. A time to cry and a time to laugh, to mourn and then to dance, to cast stones and a time to gather stones together.

I think this is about acceptance, grace, faith and truly celebrating what is – whatever that is. That's not always easy. Author & philosopher, Eckhart Tolle speaks to the power of living in Now. He is talking about being fully present with, to and as what ever is at any given moment. I am reminded of another passage in the Bible that says, "It came to pass." Notice it does not say it came to stay. Thank God! Sometimes I think we need to remember that.

During the month of December, Rev Larry and I will be talking about taking our time. Let's do that. Let's take our time. This is the season that asks that in spite of all the activity "out there," slow down. I'll meet you there. Blessings.



Rev. Sharon Lee Foley

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*"Celebrating what is – whatever that is."*

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## CORE REPORT

### PLANNING FOR 2013 BY DIANE THOMAS, CORE COUNCIL CHAIR

The CORE Council has been working on a variety of things this fall. I'd like to keep you up-to-date on a few of them.

The 2012-2013 "Partners in Prosperity" pledge campaign is now complete. We have terrific news. The number of people pledging is up 35%! Our overall results were 80 people pledging an annualized total of \$142,620. What a wonderful statement of commitment to our spiritual center.

We're also working on a new Gifting and Tithing program for 2013. It will provide a framework for congregants to suggest local, effective charities to receive gifts from us. It will also provide guidelines for PCSL to "tithe" to some of the people and organizations that support us, spiritually.

High on our list will be a 2013 capital campaign to fund a new heating and air conditioning system for our sanctuary. No more noisy heating! No more sweltering summer Sundays! Anyone wishing to help us with seed money for this fund should contact Matthew Lashua, matthewlashua@yahoo.com.

We're just starting our 2013 budgeting process. Over the next month, we will look at our many programs and develop strategies for growth and improvement. We also use this time to see where we can reduce spending or enhance fundraising opportunities.

I know that 2013 will be a year of growth (just look at attendance figures in October). We're prepared to welcome everyone with a great experience in our New Thought philosophy and our loving Center.



Diane Thomas  
CORE Council Chair

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*Keep up with PCSL on line!  
(see links pg 5)*

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*Opening Hearts  
Igniting Minds  
Making a Difference*

#### JOIN US AT THE CENTER

### PORTLAND Center for Spiritual Living

6211 NE M L King, Jr. Blvd.  
Portland, Oregon 97211

PHONE 503.261.0677

E-MAIL [info@PCSL.us](mailto:info@PCSL.us)

#### CONNECT ON LINE



#### AVAILABLE WHEN YOU ARE

You can now listen to the Sunday message at home and on your portable devices. Subscribe in iTunes or at [www.PCSL.us](http://www.PCSL.us)

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## COMING EVENTS • GET THE LATEST UPDATES ONLINE AT [www.pcsl.us/calendar](http://www.pcsl.us/calendar)

### NOVEMBER

#### GRATITUDE SERVICE

Wed, Nov 21, 7pm – 8pm

Be a part of our Annual Gratitude Service. Through music & sharing, we celebrate life and its many blessings. Offer gratitude for all of your many gifts this year, as well as set your intentions for “future gratitude” in 2013.

#### WORKSHOP: THE CONTINUUM

Sun, Nov 25, 1pm – 3:30pm

“Turning Hardships into Rocket Fuel.” Develop skills to transcend life’s challenges. Learn to shift energy around hard moments. Walk the path of least resistance.

Presented by Rev. Marquita Pierre-McAlister, charismatic speaker and cultural advocate.  
\$45.00 day of workshop (PCSL Members)  
\$50.00 day of workshop (Non-Members)

#### ON-GOING ACTIVITIES

##### YOUTH GROUP: Sun, 6pm

PCSL is starting a Youth Group! If you are (or you know) a teenager looking to highlight your spiritual side in a supportive peer environment, please join us Sundays at 6 pm. For more information contact Angelica Jackson at (530) 228-3515.

##### BREAKFAST WITH THE MINISTER: Sat, 9:00am

To make your reservation or for Info, contact Dee Hartman at 360-831-8033.

##### DRUMMING CIRCLE: 2nd Fri, 7-8:00pm

TRANSCENDENCE 12-STEP: For information, contact Nancy Ashley at 503-880-0308.

##### W.O.W. WOMEN'S BOOK STUDY: Thur, 10:30am

*All events held at the Center unless otherwise noted.*

### DECEMBER

#### HOLIDAY SHOPPING

##### Right in Our Bookstore!

Take advantage of all the new books and merchandise in the Open Mind bookstore. Your holiday shopping can be easily accomplished right after Sunday Service with our many new items in all price ranges.

#### SOLSTICE/CHRISTMAS SERVICE

Sun, Dec 23, 11am – 12pm

Help us bring back the light! In a unique combination of Solstice and Christmas, experience an awakening of your spirit in music, readings and a candle-lighting ceremony.

#### CHRISTMAS EVE SERVICE

Mon, Dec 24, 7pm – 8pm

Join us for music, Christmas Carols, and a Celebration of the Light and Love that is in everyone.

#### GOLDEN BOWL CEREMONY

Sun, Dec 30, 9am & 11am

Join us at either service for our annual Golden Bowl service. We'll help you release something that is holding you back from being your best--as well as being a witness for newness in your life in the coming year.

#### “RECYCLE” SPIRIT

##### SCIENCE OF MIND MAGAZINES NEEDED

If you're finished with old copies of the SOM magazine, the Center would like to “recycle” them in our visitor packets. Please drop them off in the Center office or contact Laura Bradley for more information: 503-465-0015.

## GET INVOLVED

### PAID POSITIONS AVAILABLE

**YOUTH CHURCH TEACHERS** – This is a wonderful chance to have fun with kids while teaching Science of Mind principles. There are two groups of children—the younger group is ages 0-6 and the older group from 7-12. We are looking for regular and substitute teachers. If you have a desire to work with either group please contact Angelica Jackson 530-228-3515.

### CRAFT SUPPLIES NEEDED

**YOUTH CHURCH** – Please bring old (or new) Christmas cards for the children to use for a special project, October-December. Cards can be left upstairs, or contact Nansea Arquette, [nansearquette@gmail.com](mailto:nansearquette@gmail.com)

### SHOP FOR PCSL

**SAFEWAY CARD eSCRIP:** Link your card to eScrip and a small portion of each purchase will support PCSL. Sign up at the back table or call Jessica Livesay at 940-616-4678 for info.

### SERVICE OPPORTUNITIES

**HOSPITALITY TEAM:** One Sunday a month, 9 am service. Call Kathy Batten 360-931-0371.

**CLEAN TEAM:** Cleaning and light maintenance for three hours, once a month. Contact Anette Bolster 503-970-4116.

**FORWARD FLOW—12 MONTHS OF GIVING:** For info call Suki McDonough 360-624-5615.

**HEART TO HEART:** Support during an illness, loss or other transition. Contact Rev. Sharon Lee Foley 503-668-9806 or Lexy Dillon 503-663-5817.