

# Portland Enter FOR Spiritual Living

### SEPTEMBER 2016

## COMMUNITY NEWS

## SEARCHING FOR POWER IN CYBER SPACE Where, Oh Where, Has My Pokemon Gone? BY JUNE GUMZ

### This summer was a bit different from any I have ever experienced and there have been quite a few. Having a 12 year old grandson who possesses an up-to-date phone with all the functions and apps means that POKEMON GO was part of our lives.

I was commissioned to drive "slowly" on major highways or to stop suddenly on side streets so he could jump out and catch the elusive cyber beings. We visited parks where it was reported that Pokemons were abundant. Hundreds of people got the message about Laurelhurst Park. Kids of all ages were there looking down at their phones, occasionally bumping into each other. One older couple was taking it easy on beach chairs waiting for the cute little creatures to come to them.



June Gumz, editor

Besides driving my grandson to different venues, I loaned him my bike because he had heard that was the very best way to fill his quota of good ones. A special Pokemon showed up on his phone in the little park behind my house and he had to have it. Although barefoot at the time he climbed my fence, leaped into the park and ran all over in search of the target. It didn't materialize and he hurt his



feet when landing back in my yard. It didn't deter him; he took my bike out for more chances to add to his haul.

His happiest day of the summer came when his family went white water rafting for the first time. It was a great adventure AND he caught the "most powerful Pokemon of all" in the wilderness. Who could ask for more?

Faith for adults can be as elusive as animated beings are to the younger set. I can remember as a child, and teenager, wanting to belong to the 'right' church, because if there was an afterlife, I wanted to be accepted as one of the righteous. To achieve my goal, I tried many denominations and for a 14 year period I was even an agnostic. Pokemons weren't on the drawing board when I was a child, but if they had been, you can believe I would have been out there attracting the most powerful ones I could find. Church shopping was my version of Pokemon Go. Fortunately, I was attracted to Portland's Center for Spiritual Living decades ago and no longer have the desire to keep up the search. I use my phone for phone calls.

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"Faith for adults can be as elusive as animated beings are to the younger set."

#### PORTLAND CENTER FOR SPIRITUAL LIVING: COMMUNITY NEWS



Rev. Larry King

Where possible, we directly support some of our community partnerships.

New Avenues for Youth takes a complete approach to addressing youth homelessness and its root causes, delivering support and resources that enable foster, at-risk, and homeless youth aged 14-24 to overcome their barriers and realize their potential.

## MESSAGE BY REV. LARRY KING COMMUNITY PARTNERSHIPS

As a smaller spiritual center, it can be difficult to do our part in the community. Often we do not have people directly able or interested in running a homeless shelter or providing coaching for disadvantaged youth.

Nonetheless, it is critical that we do support such efforts. We are a part of the larger community and, more importantly, it reflects our core values as an organization.

Where possible, we directly support some of our community partnerships. This month, for instance, we'll participate with Cascade AIDS project in the AIDS Walk. We'll have a team of walkers on hand to lend our visible support as well as raising money to provide care and HIV education to affected people in Oregon and SW Washington.

Later this month we'll partner with the North/Northeast Business Association for the Martin Luther King "Dream Walk and Run." This event raises money to help young adults (ages 16-26) start out in first-time businesses as part of the NNEBA Youth Entrepreneurial Internship Program.

Sometimes it's more difficult for us to participate directly, but every month we make a charitable donation to partners who directly provide services in the community. This last year we've made donations to:

- Albina Headstart Program providing a "headstart" for neighborhood children
- Bradley Angle House a neighborhood shelter for domestic violence
- Central City Concern a clearinghouse for finding local jobs and housing
- Coffee Creek Prison Ministry our partnership with New Thought Center for Spiritual Living provides weekly services at Coffee Creek Women's Prison.
- Doernbecher's Children's Hospital providing medical care for children
- Dress For Success, Oregon helping women to enter or re-enter the workforce
- Helensview High School a thriving NE alternative high-school for at-risk youth
- New Avenues for Youth providing housing and training for homeless youth

(continued on page 3)





Albina Head Start and Early Head Start comprehensively serve children and families providing child growth and development services and education to strengthen and enhance the abilities of children and their families to successfully function in our national and international environment.

#### PORTLAND CENTER FOR SPIRITUAL LIVING: COMMUNITY NEWS

## COMMUNITY PARTNERSHIPS: CONTINUED

- The Oregon Food Bank providing state-wide emergency food services
- Outside In assistance, especially for Portland's homeless youth
- Sisters of the Road food and counseling for Portland's homeless
- Transition Projects providing services and housing to the homeless

I just wanted to catch you up on the many ways that Portland Center for Spiritual Living contributes to both the spiritual and physical welfare of our neighborhood. We continue to make quite a difference in the world through what we do directly (our Spiritual "Mission") and through our many community partners.

Thank you for your support of Portland Center for Spiritual Living and our work in the larger community!

All my love,

"Sisters of the Road is a vital resource for Portlanders experiencing poverty and houselessness. Thank you for filling the plates and hearts of our community!" "Your contribution to Oregon Food Bank gave help, hope and 75 meals to our vulnerable neighbors, families and children who are facing hunger. We're building healthy, hunger-free communities—leading nutrition and garden education programs that champion self-reliance, and working with lawmakers and clinicians to invest in programs that fight hunger at its root causes. You made a difference and together we can eliminate hunger."





## CENTER HAPPENINGS

Kathy Batten and Kathryn Richer received their practitioner stoles in a celebration witnessed by the congregation. The practitioners honored them with a candlelight procession. It was the culmination of years of study, internship and testing to obtain their licenses. We are delighted to include them in the prayer ministry of the Portland Center for Spiritual Living.

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BELOW: The PCSL team at the 30th Annual AIDS Walk Portland!





Danah and Jim Buix were named Volunteers of the Month for July. Thank you for your service!



## MUSIC IS SPIRIT IN ACTION BY REV. LARRY KING LINDA ROSSI, Music Director

One of the things that most people notice about the Portland Center for Spiritual Living is the amazing music that we feature every Sunday. Our Music Director, Linda Rossi, makes sure that we have high-quality, entertaining and inspirational music every week and at many of our special occasions.

Linda has been with PCSL through three physical moves and 13 years of directing our music program. She has been the moving force behind our gospel chorus, our annual talent show and has scheduled countless musical guest artists for us.

With a life-long love of music, Linda was inspired by her father's beautiful voice and took piano lessons from her "Uncle Vince," a long-time performer at Disneyland's Golden Horseshoe Saloon. With professional vocal coaching and operatic study with Primo Lino Puccinelli, Linda has been singing professionally since 1980, touring with bands and singing in many local venues.

Sometime in 2003, Rev. Lynn Johnson talked her into singing at our Center when it was located on NE Shaver Street in Parkrose. She became an indispensable part of our music program and our Music Director.

After returning from her annual sabbatical in August, she let the board of directors know that September will be her last month serving as Music Director at PCSL. "After much soul-searching [I] have decided that it is time for me to move in new directions. It is time for me for Opening and Balancing. It has been a wonderful time."

Help us celebrate Linda's 13 years as music director. Her last regular Sunday at the Center will be on September 25th. We'll have a send-off reception after the second service.

Linda has promised that she'll be back as a featured artist in the months to come. We won't have to wait very long to hear her wonderful voice again!



2003-2016

"After much soul-searching [I] have decided that it is time for me to move in new directions. It is time for me for Opening and Balancing. It has been a wonderful time."





PCSL on MLK

CD with Band and Chorus

Rhythm & Blues, Waterfront Park Starlight Talent Show

Tent on MLK

Women's Retreat Silver Falls

Featured Artist 2016



Starlight Proposal

## BOARD UPDATE BY ANN FOREST BURNS, PCSL BOARD VICE PRESIDENT ATTRACTING OUR NEW HOME

**PCSL has taken an exciting step in finding a new church home**: We have selected real estate agents Sara Daley and Cliff Finnell of the Kidder Mathews agency to represent us in finding a new home and selling our current property.

The Board acted at its August meeting on the recommendation of the Our Center Attraction Committee. The committee, which chose its name to reflect its true purpose, is chaired by Board Vice President Ann Forest Burns. Members are Sara Frandsen, June Gumz, Steven Hearn, Rev. Larry King, Matthew Lashua, Debbie Pettijohn and Kathryn Richer.

The process of choosing our real estate agent began with calls to several agencies with expertise in commercial real estate transactions. Although buying a church is a hybrid of both commercial and non-commercial practice, we expect to sell our current property into the commercial market. We are fortunate that this section of Martin Luther King Jr. Blvd. is an attractive business location. Using a commercial real estate agent assures that we will know the current market value of our property and that its availability will be advertised to buyers eager to pay that price. We expect to realize a substantial increase in value since the building was initially purchased. That will allow us to reinvest in our new center, keeping our future mortgage payment close to what we are paying now.

After a number of telephone interviews and visits by interested agents to the Center, the committee requested written proposals from four agencies. Agents were also given in-person interviews. We were truly impressed by the credentials and interest in us of these highly professional people. We are delighted to begin working with Sara and Cliff.

Sara Daley is an associate vice president with Kidder Mathews. She has been practicing brokerage for eleven years and specializes in the leasing and sales of urban retail and specialty properties. The committee was impressed with the work that she has done in the Mississippi / Alberta Avenue area and her success with complex projects. She is an enthusiastic and empathetic presence.

Cliff Finnell is a Kidder Mathews First Vice President and Partner. He has worked in commercial real estate since 1996. The committee was impressed with his steady approach and his ideas about how to find properties that are not currently on the market which would suit our needs. Our initial contact with him came from another church he is representing.

Sara and Cliff plan to first determine the value of our current property and anything that needs to be done to assure its marketability. They do not plan to put our property on the market until we have located our new home and figured out what will be involved in getting it ready for us.

Sara and Cliff are anxious to meet with the congregation to talk about our project. We know you will enjoy getting to know them.



Ann Forest Burns Board Vice President

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#### PORTLAND CENTER FOR SPIRITUAL LIVING: COMMUNITY NEWS

Opening Hearts Igniting Minds Making a Difference

#### JOIN US AT THE CENTER

## PORTLAND Center for Spiritual Living

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#### CONNECT ON LINE



#### AVAILABLE WHEN YOU ARE

You can now listen to the Sunday message at home and on your portable devices. Subscribe in iTunes, Google Play or at www.PCSL.us

#### VISIT OUR WEBSITE www.PCSL.us

JOIN US ON FACEBOOK facebook.com/PortlandCSL

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READ OUR BLOG www.pcsl.us/blog

### NEWSLETTER CREDITS

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#### COMING EVENTS • GET THE LATEST UPDATES ONLINE AT www.pcsl.us/calendar

#### **SEPTEMBER**

#### MLK "DREAM" WALK/RUN 5TH ANNIVERSARY Sun, Sept. 25, 6am-Noon

We're partnering with the North/Northeast Business Association to present the 2016 MLK Dream Walk/Run. Join our team of volunteers to help at our booth, be part of a team of walkers and runners or be part of a cheering section at our water station. Please contact Sara Frandsen at 714-624-4363 for more information or visit www.mlkdreamrun.org. All proceeds of the run/walk benefit the NNEBA Fellows Program supporting youth entrepreneurs aged 16-26.

#### LINDA ROSSI RECEPTION

#### Sun, Sept. 25, after the 2nd Service

After 13 years of excellence, Linda Rossi will be leaving her post as Music Director this September. Please join us (and her!) for a reception in her honor. Our "big music" is a testament to her skill, talent, love and professionalism over many years. We'll have cake and beverages – you **bring a favorite memory** of Linda to write in a memory book we're preparing for her!

#### **OCTOBER**

#### FALL CONNECTION CIRCLES

**7-Week Circles start week of October 2nd** Members are opening their homes for Connection Circles this Fall! The circles are safe places for discussion, group spiritual practice, prayer requests and sharing. Eight circles are available at various times and locations throughout the greater Portland and Vancouver metropolitan areas. **Sign up at the Center** and deepen your connection to Spirit! The Connection Circles program is also sponsoring three workshops to support its members.

#### **ON-GOING EVENTS AND PROGRAMS**

HEART TO HEART: Support during an illness, loss or other life transition. Contact Rev. Larry King 503-501-6599.

#### FALL CONNECTION CIRCLE WORKSHOPS:

#### PROSPER NOW! (2-part workshop) Saturdays, Oct 8 and Nov 19, 9:00 am-Noon Presented by Marilyn Sprague, RScP

This two-part workshop uses the powerful teachings of Edwene Gains to enlarge your ability to receive more of life's limitless riches. In an infinite Universe, the bounty of life is waiting for you! \$75.00 per participant; \$65.00 Circle members

### TREASURE MAPPING

#### Saturday, October 22, 9:00 am-Noon Presented by Rev. Larry King

Learn how to create a more abundant life through intention and visualization. We will create treasure maps (story boards) to act as an intentional focus for harnessing the Spiritual Law of Attraction. \$35 ea; \$25 Circle members

#### UNLIMITED GIFTS OF FORGIVENESS

#### Saturday, November 12, 9:30 am-3:30 pm Presented by Rev. Lynn Johnson

Learn how forgiveness of self and others is a vital part of living an abundant life. With forgiveness comes the open heart that is ready to receive. \$75 per participant; \$65 Circle members

#### PARTNERS IN PROSPERITY DINNER

Late October, TBA: Watch the weekly email or check the web calendar for the date.

#### **NOVEMBER**

#### **GRATITUDE SERVICE**

#### Wed, November 23, 7pm – 8pm

Be a part of this annual service where, through music and sharing, we celebrate life and its many blessings. Offer gratitude for all of your many gifts this year, as well as set your intentions for future gratitude in 2017.

BREAKFAST WITH THE MINISTER: Sat, 9:00am For Info, contact Dee Hartman at 360-831-8033. TRANSCENDENCE 12-STEP FOR WOMEN: Sat, 9:00am-noon

All activities held at the Center unless otherwise noted. GET MORE INFO at <u>www.pcsl.us/calendar</u>.

### VOLUNTEER OPPORTUNITIES: GET INVOLVED!

**YOUTH CHURCH TEACHER:** Have fun with kids while teaching Science of Mind principles. There are two groups of children – younger is from 0-6 and the older from 7-12. We are looking for regular and substitute teachers. Both receive stipends. Contact Sean Larkin 530-228-3515.

HOSPITALITY TEAM: One Sunday a month, 9 or 11am service. Contact Erin Hurt at 360-909-4971 or Joni Gould at 360-931-8159.

**USED SCIENCE OF MIND MAGAZINES NEEDED:** *Please bring old copies to the office. We would like to "recycle" them in our visitor packets.*  USHERS & GREETERS AND THE "CLEAN TEAM" Become that friendly smile that welcomes people to our spiritual home. The "Clean Team" maintains our clean and lovely environment. For more information, contact Anette Bolster at 503-970-4116.

#### COMMUNITY REWARDS PROGRAMS:

A free way to support PCSL. A portion of your purchases at Amazon.com (Amazon Smile) and Fred Meyer (Community Rewards) can be credited to your Spiritual Center. For more information, call PCSL office at 503-261-0677.